

PHIL 1234E
Fall/Winter 2020-21
Career Mapping: Applied Philosophy

COURSE DESCRIPTION

This experiential learning course introduces students to the art and science of career exploration. In the fall term, we will explore big questions, theories, and philosophies that set the foundation for developing a fulfilling career, including:

- Meaning and purpose
- The free will
- The theology of vocation
- Know thyself & become who you are
- Identity development & life stages
- Ikigai (Japanese philosophy)
- Hierarchy of needs, self-actualization, and authenticity
- Design thinking
- The workforce landscape of the 21st century and disruptive technologies

There is a lab component where we will use the Career Mapping website to complete all exercises related to career exploration. The goal is to self-reflect and research to find a suitable local placement on the Career Mapping website prior to the Winter term.

In the Winter term, you will start your placement and negotiate with your placement supervisor the skills you aim to develop. Using the Career Mapping website, you will reflect on your experiences throughout your placement. At the end, you will use the data and information you collected throughout the course to create an actionable career road map, along with a final report.

LEARNING OUTCOMES

By the end of this course, students will be able to:

- (1) Understand the theories and philosophies related to self development.
- (2) Develop the necessary tools for life-long career development, including self-reflective practices and finding opportunity gaps.
- (3) Research labour market and career outcomes.
- (4) Articulate and record instances of skills development.
- (5) Formulate an actionable plan that can be used as a guide throughout the rest of your education.
- (6) Learn how to develop a personal vision/mission statement, as well as SMART goals for your career trajectory.

COMPETENCIES OUTCOMES

By the end of this course, students in good standing will have developed the following competencies:

- Communication: Effective oral, written, and digital communication.
- Critical thinking skills and problem-solving
- Collaboration (with community partners)
- Creativity

SKILLS OUTCOMES

By the end of this course, students in good standing will have acquired the following skills:

- Entrepreneurial thinking
- Research and analysis of information
- Agility and adaptability
- Digital literacy

COURSE MATERIALS

*Selected weekly readings, rubrics and assignment details will be posted on OWL.

ASSESSMENT

The assessment in this course is multi-modal (to reflect the need of multiliteracies in a 21st century society).

Term 1

- Research paper #1 (10%): Choose a role model who inspires you professionally and explain how you think this person is living a meaningful life using the readings from the course to reinforce your arguments.
- Lab work (15%).
- Research paper #2 (15%): Research opportunity gaps and salary prospects in your industry of choice that relate to your skills and interests. Write a report explaining how you could fill in that gap and what skills you are required to do so.

Term 2 (placements)

- (5%) Weekly self-reflections on the Career Mapping website.
- (20%) Placement skills and goals evaluation by placement supervisor.
- (30%) Final career road map with a vision/mission statement, SMART goals, and milestones. To be completed in Virtual Reality and submitted with a short summary report.

FALL TERM

Week	Topic	Lab work	Assignment
Week 1	Meaning and Purpose (Socrates, Aristotle, Frankl)	Intro: tutorial on what Career Mapping is and how to use it.	
Week 2	Free will (Assagioli, Frankl, Nietzsche)	Exercise 1: Tutorial on career fit assessments: "My vehicle"	Submit "My Vehicle" exercise.
Week 3	Know thyself (various) & Become who you are (Nietzsche)	Exercise 2: "My Map"	Submit "My Map" exercise.
Week 4	Identity formation, life stages with a focus of emerging adulthood (Erikson/Arnett)	Exercise 3: "Explore"	Apply to placements.
Week 5	An analysis of the 21 st century, Core competencies of the 21 st century (Harari)	Exercise 3: "Explore"	Research paper #1 due

Week 6	Ikigai (Japanese philosophy), identifying your needs	Exercise 4: “My compass”. Skills/interests.	
Week 7	Identifying community needs (CIWB, SDGs, local labour reports)	Exercise 4: “My compass”, Research value/demand.	Submit “My Compass” exercise.
Week 8	The theology of vocation	<i>No lab.</i>	
Week 9	Design Thinking, self-authoring: Concept, research, practice.	Exercise 5: “My road”.	Research paper #2 due
Week 10	Hierarchy of needs, self-actualization, and authenticity (Maslow)	Exercise 5: “My road”.	Submit placement contracts.

- Lab work that is not completed in the allocated time can be completed on your own time. Submissions of lab assignments will must be submitted no later than Sunday of that week by 11:59 p.m.
- By the end of term 1, you should already have a placement for experiential learning established. Before you start your placement, you need to meet with your placement supervisor to establish the skills set you will develop and your goals to be reached throughout the winter term. You also need to arrange the schedule for when you attend your placement.

WINTER TERM

Week	Activity	Assignment
Week 1	Placement	Weekly reflection
Week 2	Placement	Weekly reflection
Week 3	Placement	Weekly reflection
Week 4	Placement	Weekly reflection
Week 5	Placement	Weekly reflection
Week 6	Placement	Weekly reflection
Week 7	Placement	Weekly reflection
Week 8	Placement	Weekly reflection
Week 9	Placement	Update “My Map” to reflect skills developed and submit.
Week 10	Placement	Submit supervisor evaluations. <i>“My road” designs and reports due. Share with class on page forum.</i>

Students are asked to partake in their placements a minimum of 5 hours per week, totaling to 50 hours by the end of the term. Hours will need to be logged and signed by supervisors. Weekly reflections should be posted no later than the Sunday of that week by 11:59 p.m.